

Hour Exchange Portland

We ask that you take your commitment to the program seriously. When contacted by a member to do a service, please make every effort to cooperate with them and maintain prompt communication. Negotiating time credit or hour amounts for a service or declining an exchange for valid reasons are acceptable actions. However, we ask that all contact you have with fellow members reflect our core values: respect, reciprocity, and equality.

Agreement to Participate at My Own Risk and Hold Hour Exchange Portland Harmless

As a member of Hour Exchange Portland, I understand that HEP does not guarantee or warrant the fitness, safety or the quality of work for any of its members.

- As a member of Hour Exchange Portland, I agree to undertake and request neighborly acts of kindness, caring and assistance with other members of HEP;
- Assume the risk of injury, harm or damage in connection with my providing or receiving Hour Exchange services;
- Hold Hour Exchange Portland harmless from any and all liability, actions, claims and damages of any kind, including those caused by or arising from negligence, for injury to person or property;

As such, I will try to the best of my ability to:

- Respond to a member's request of services of me within 48 hours;
- be polite and helpful, but clear about the amount of the services requested that I can provide;
- perform quality services to the best of my ability; and,
- perform my services in a safe and careful manner.

As a member of Hour Exchange Portland, I consent to the following actions:

- that the references that I am providing may be contacted; and,
- that Hour Exchange Portland may release relevant information concerning my ability and fitness to work as an Hour Exchange Portland member to those seeking to utilize my services.

Although HEP does not charge a fee, a **\$25.00 annual donation** is appreciated to cover the administrative costs. Please call **874-9868** to RSVP for an Orientation date.

By signing below, I certify that I have read this document carefully and that I understand its terms, and that I recognize that it constitutes a waiver of legal rights, and that it is enforceable to the extent allowed by law.

Signature: _____

Date: _____

Name: _____

(A copy of this Agreement will be returned to you for your records. Please save for your records.)

Thank you for joining Hour Exchange Portland!
Once you attend an orientation and your references clear, you will
officially be a member