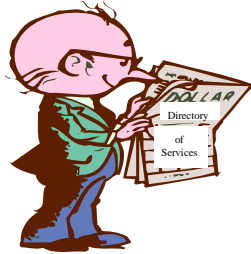


# The Hour Exchange Way "Neighbors Helping Neighbors"

Start here →

What will Stanley spend his Hours on next?

To be continued..



Stanley joins Hour Exchange and lists the skills he has and the things he needs.



Martha, an Hour Exchange Member, calls to have someone do her grocery shopping.



Stanley goes shopping for Martha and earns two Hours.



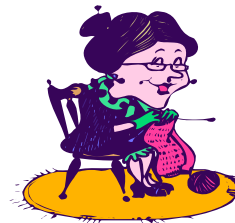
Stanley spends his Hours having Raoul provide entertainment for his monthly gathering and.....



Raoul spends his Hours having Roberta help Dustin with his reading.



Martha then knits Roberta an afghan and earns Hours.



Kathy earns Hours cleaning Martha's house.



She then spends her Hours having Stanley rake her yard.



Stanley gets his Exchange statement in the mail.



Hour Exchange Portland 85 Grant Street Portland Me 04101 (207) 874-9868				
QUARTERLY STATEMENT				
Stanley Smith Portland, Me 04101	Balance on	10/1/01		0.00
	Balance on	10/30/01		3.00
	Credits Earned in Period		4.00	
Date	Service	Member	Debit	Credit
10/15/06	Grocery Shopping	Martha Moss		2.00
10/22/06	Entertainment	Raoul Sanchez	1.00	
10/29/06	Yard Work	Kathy Kane		2.00

Conceptual design by Dr. Richard Rockefeller;. Original drawing by Robin Lake of Portland Time Bank. Given to TBUSA for replication.